Institution:

Reserved for bar code

Department:

Discharge planning tool

Admission Dx: _____ Admission Date: YYYY / MM / DD

Dx COPD ☐ Yes (FEV_1 < 80% & FEV_1/ FVC < 0.7) ☐ To confirm

1st spirometry (<48 hrs) : YYYY / MM / DD Last (at discharge) : YYYY / MM / DD

FEV_1 ____ % pred; FEV_1/ FVC ____ (absolute value) FEV_1 ____ % pred ; FEV_1/ FVC ____ (absolute value)

Other Dx: _____ ☐ Smoker ☐ Non smoker ☐ quit, since _____

Action plan (self-prescription) ☐ Yes ☐ No ☐ Unknown

If Yes , started before admission ☐ Yes ☐ No ☐ Unknown

Self-management skills - Summary of skills AT DISCHARGE	Yes	No	To follow-up	To assess
Understands well his/her medication				
Good inhalation technique				
Good pursed-lip breathing				
Good body position to reduce shortness of breath				
Good cough technique				
Capable of defining his/her baseline				
Identifies signs of deterioration				
Knows available resources in case of worsening				

Discharge date YYYY / MM / DD

Referral for COPD Follow-up ☐ N/A ☐ Refuses ☐ Unknown	☐CLSC/CHC	☐ CLSC/CHC or SRSAD (Mtl) or respiratory home care services
Dyspnea (MRC) at discharge	☐2 ☐3 ☐4	☐ 5
≥ 4 exacerbations (last 12 months)	☐ No	☐ Yes
≥ 3 hospitalizations or ER visits (last 12 months)	☐ No	☐ Yes
During hospitalization saturation at rest often fluctuated at < 90%	☐ No	☐ Yes
Respiratory equipement (O2/neb) ☐ Hypercapnia ☐Sleep apnea ☐ Other :_____	☐ No	☐ Yes

Pulmonary rehabilitation reference ☐ Yes ☐ Ant If No :

☐ Not eligible ☐ Refuses ☐ Unknown ☐ Other _____

If smoker ► motivated to stop - ☐ Yes ☐ No ☐ Unknown

Smoking cessation reference ☐ Yes ☐ No ☐ Unknown

Follow up appointment (2-4 weeks) Physician :_____

Outside prescription and explanations given-

☐ Ventolin/Bricanyl ☐ Atrovent ☐ Serevent/Oxeze ☐ Flovent/Pulmicort ☐ Advair/Symbicort ☐ Spiriva

☐ Nicotine replacement therapy ☐ Aerochamber

Comments :_____

Name in block letters	Signature	Initials	Date: YYYY/MM/DD

Adapted from the Montreal Chest Institute/MUHC RECAP/COPD Discharge Planning Tool MRC 590T (REV 02/2009)
McGill University Health Centre (MUHC)